



Strategic Plan

2020 - 2022



Vision

"Health People, Health Communities."

Mission

Use our collective knowledge and good will to improve the health status of Mount Waddington area residents, and reduce or eliminate health inequities for all people.

Values

We value inclusion, diversity, fairness, collaboration, time, and transparency.

In gathering, we strive to provide a positive, universally respectful, culturally safe environment.

The Mount Waddington Health Network Story

The Mount Waddington Health Network (MWHN) is constituted by local and provincial partners in health care, Mount Waddington area communities, local First Nations communities, non-profit organizations, and volunteers.

Our members and partners use their collaborative knowledge to work towards improving the collective health status of area residents, and reduce or eliminate health inequities.

This is done by focusing and working on projects that aim to *keep people healthy, and out of the acute health care.*



The MWHN Collective Strategy

MWHN committees meet regularly to discuss, strategize solutions, and develop projects relating to the *key determinants of health* with the goal of supporting health people, and healthy communities. The *key determinants of health* are the broad range of personal, social, economic and environmental factors that determine individual and population health.

Health Canada has defined the 12 key determinants of health as:

1. Income & social status
2. Employment & working conditions
3. Education & literacy
4. Childhood experiences
5. Physical environments
6. Social supports & coping skills
7. Healthy behaviours
8. Access to health services
9. Biology & genetic endowment
10. Gender
11. Culture
12. Race & Racism

MWHN Governance & Strategic Focus

MWHN committees are divided topically for focus. Each committee has a chair who takes a lead position in the committee, and reports the activity of the committee to the Table of Partners on a monthly basis.

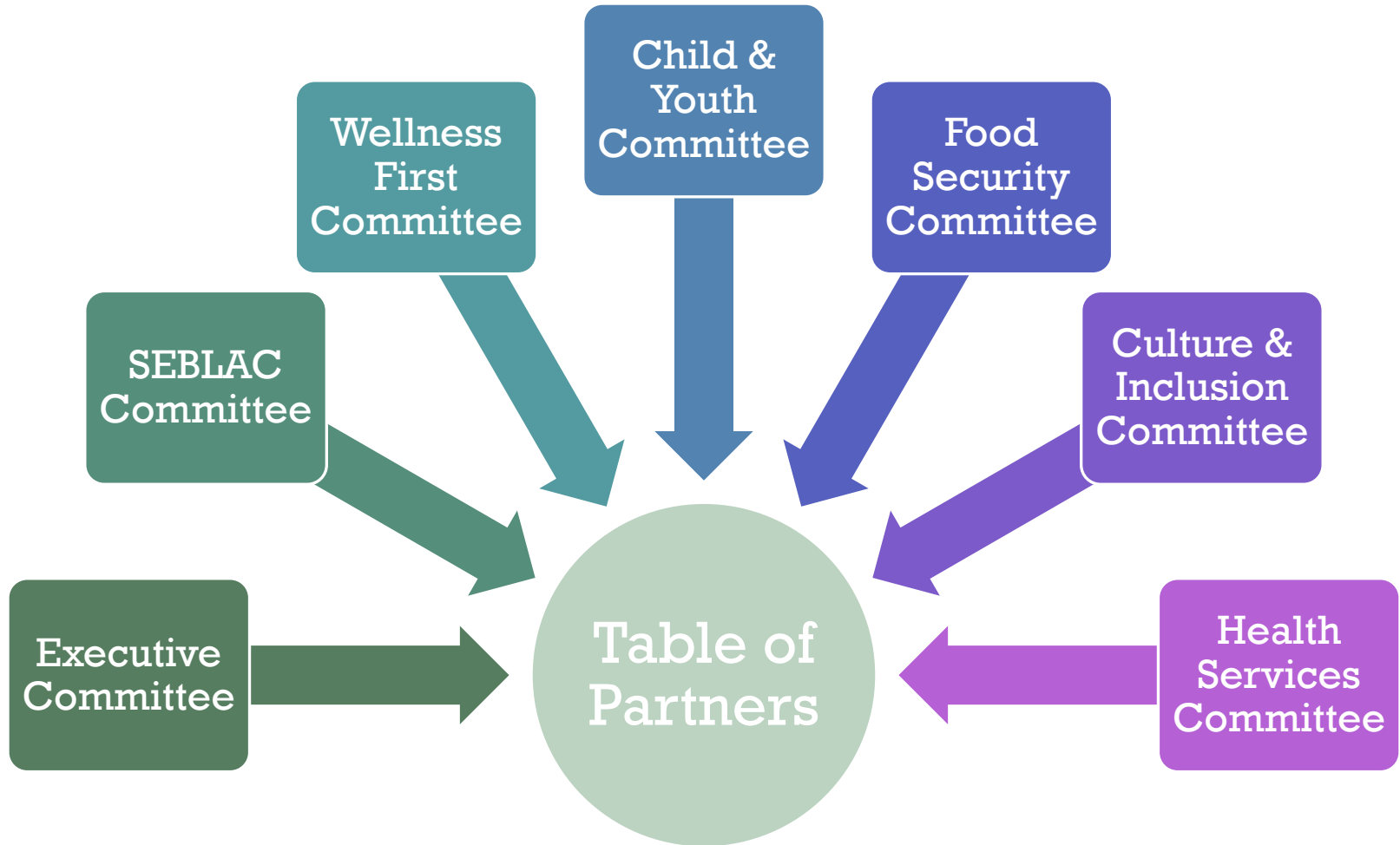
The committees and table of partners decide on the priority actions of the various committees by discussion and reaching a majority consensus.

Priority action items are determined by:

- **NEED** - *the degree of need demonstrated in communities, and the consequence of inaction*
- **MAXIMUM IMPACT** - *the ability to gather partners, share a vision, and impact as many people in as many communities as possible*
- **OPPORTUNITIES & TIMING** - *the will of Government and funders to financially partner and support any given initiative (if required)*
- **TIME REQUIREMENTS** - *Partner, Volunteer & Network time & resources*
- **TIMELINE** - *Short, medium and long term goals that may be associated with any proposed collective action*
- **GOVERNANCE** - *committees' ability to complete tasks*

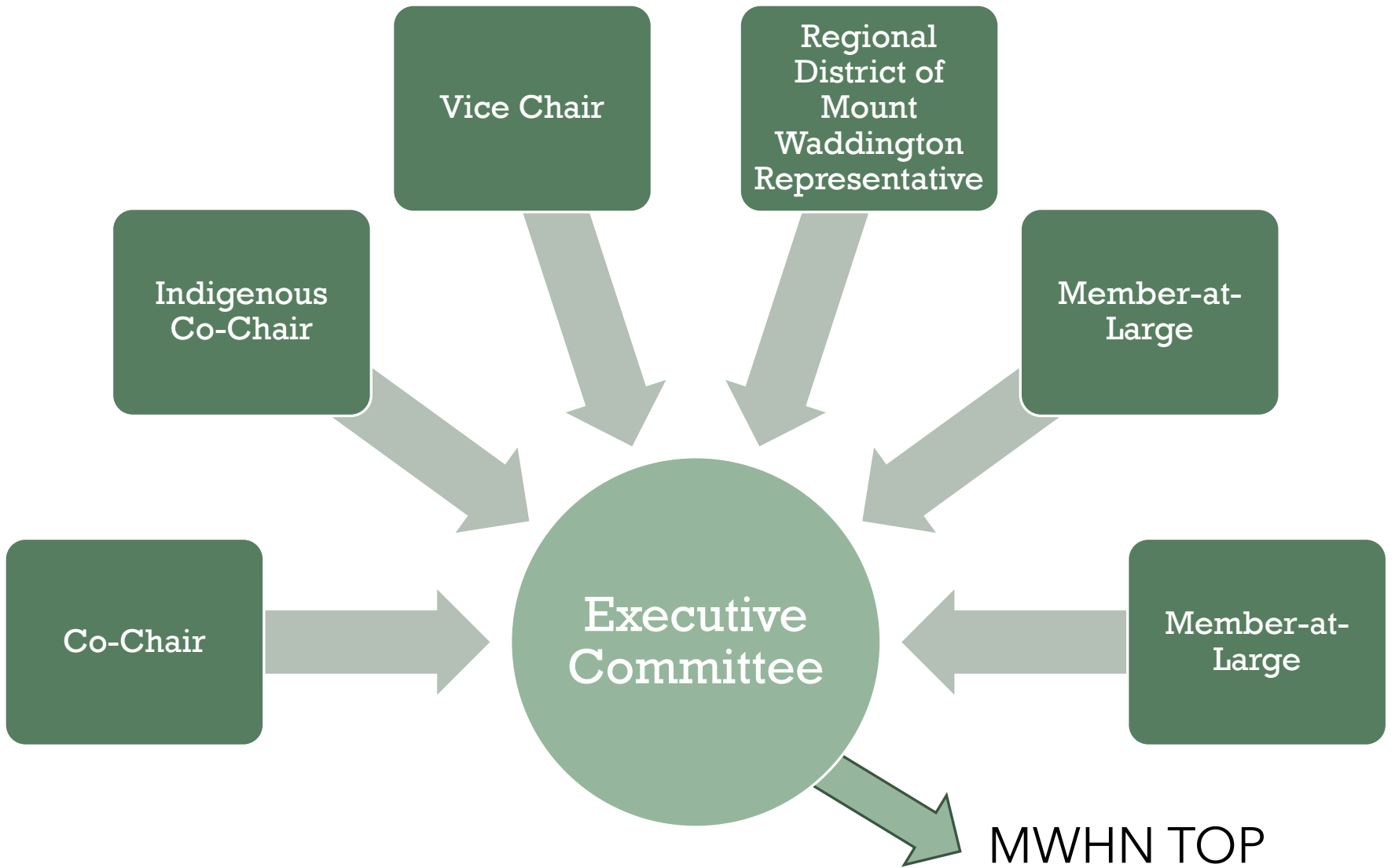
MWHN Committees 2020 – 2022

Our 2020 – 2022 committees work were defined through a strategic planning process, with a goal of identifying issues and planning collaborative projects that support healthy communities. Our seven priority areas are:



Roles & Responsibilities of the Table of Partners: All Actions lead here.

1. Provide leadership and oversight for the MWHN committees and forums
2. Serve as the liaison mechanism between the MWHN, and organizations that have responsibility for health-related services and activities including, but not limited to, Island Health, First Nations Health Authority, the Regional Hospital District of Mount Waddington, local government, First Nations, provincial and federal ministries, and other public service agencies and organizations
3. Maintain Network focus on the 12 key determinants of health
4. Make change by continually assessing the health needs of our communities and residents
 1. Collaborate to develop and implement strategies and resources to better meet the assessed needs
5. Be adaptable by continually assessing our mandate and the changing needs of our communities
6. Approve the annual budget as proposed by the executive, extraordinary expenses and annual financial reports
7. Recruit, select and support the Coordinator
8. Evaluate the Coordinator
9. Evaluate the annual strategic goals and objectives of the MWHN and, if necessary, amend

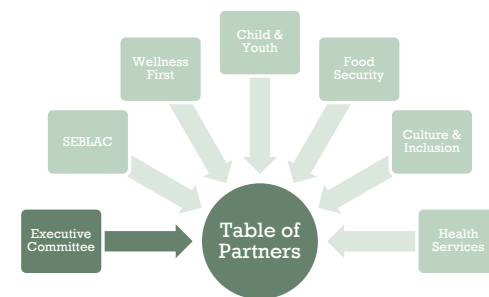


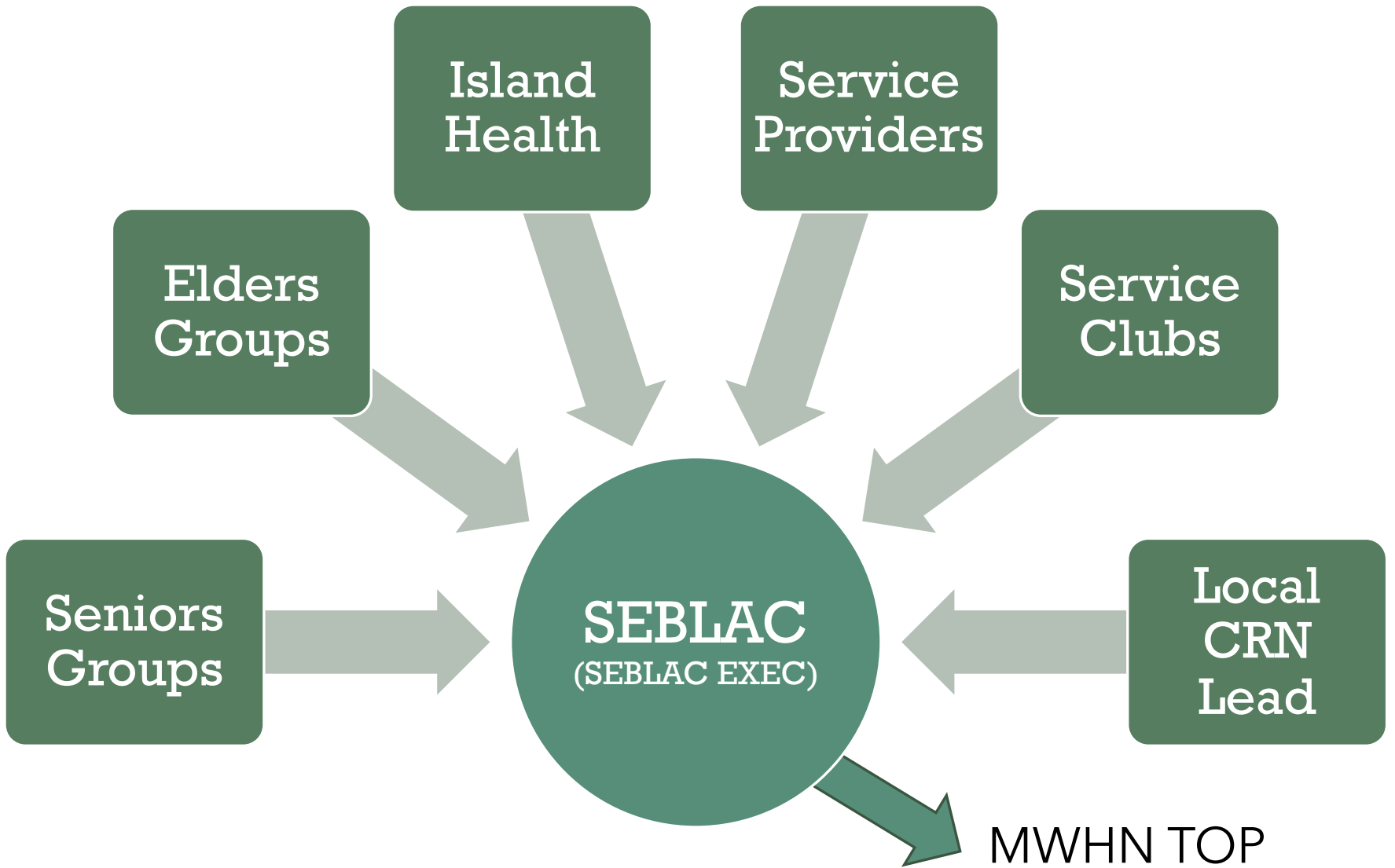
2020 MWHN Executive Committee: Annual term, November to November

Co-Chair	Indigenous Co-Chair	Vice Chair	RDMW Representative	Member-at-Large	Member-at-Large
Pat Corbett-Labatt, District of Port Hardy		Donna Merry, North Island College	Andrew Hory, Chair RDMW	Leslie Dyck, MW Community Food Initiative	Alison Mitchell, Island Health

Duties of the MWHN Executive Committee:

1. Provide governance oversight for the MWHN committees and TOP
2. Approve and/or develop the agenda for the TOP meetings
3. Act as the MWHN financial signing authority
4. Review and bring forward the annual budget to the TOP
5. Address business that arises between scheduled TOP meetings
6. Review and provide recommendations to the TOP regarding all contracts and expenditures
7. Provide monthly oversight and an annual performance review of the Coordinator position
8. Support the Coordinator in the demands of their role
9. Provide monthly written reports to the TOP
10. Meet monthly or as needed to facilitate the executive role

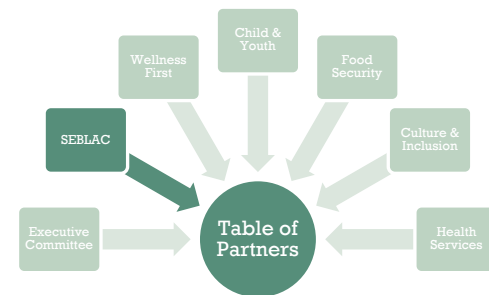




Seniors Elders Better Living Advisory Committee (SEBLAC) 2020 - 2022

Vision, Mission, and Values of the SEBLAC Committee:

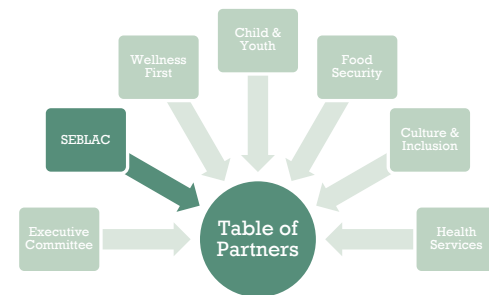
1. Vision: Healthy, happy, aging and easy access to care.
2. Mission: Connect seniors to community and care.
3. Values: Inclusion, Socialization, Respect.



Seniors Elders Better Living Committee 2020 - 2022

Goals of the 2020 - 2022 SEBLAC Committee:

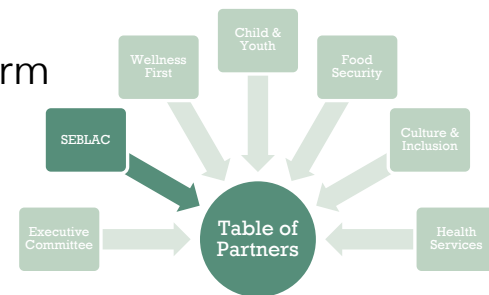
1. Short Term Goals:
 1. Increase participation at SEBLAC to include elders and more community senior's groups.
 2. Work with SEBLAC to best understand and implement a governance strategy that works for the SEBLAC participants and in accordance with the goals of the MWHN
 3. Create a regional communication strategy to spread information on health services, care options, housing, transportation, socialization options and more.
2. Medium Term Goals:
 1. Work with communities on their seniors aging-in-place plans.
 2. Make sure each community has a well-defined path of communication around care. Aka a "communication tree."
3. Long Term Goals:
 1. Increase group safety of seniors in the region.
 2. Support aging-in-place
 3. Have SEBLAC function as the regional senior's communication network

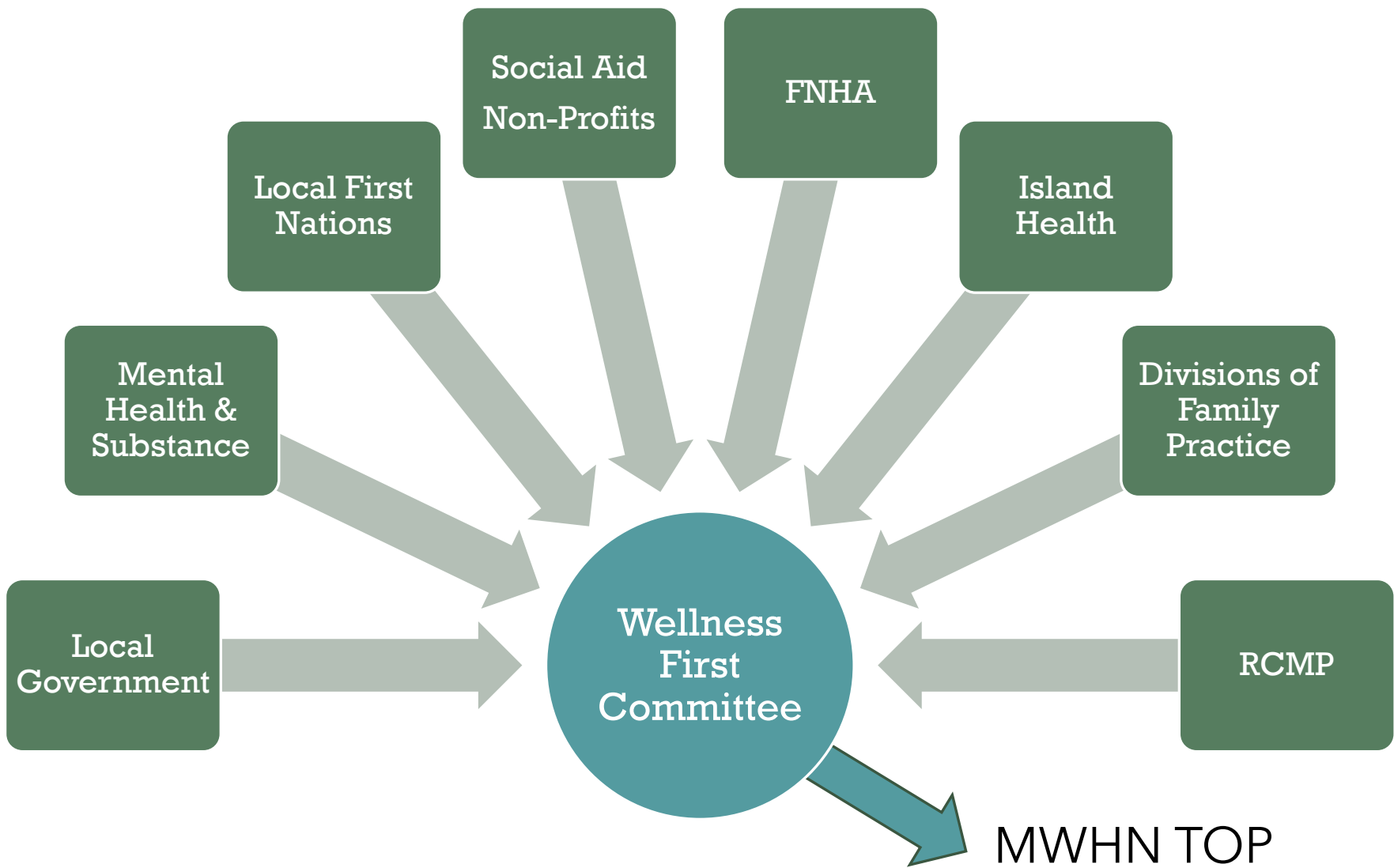


Seniors Elders Better Living Committee 2020 - 2022

Action Plan of the 2020 - 2022 SEBLAC Committee:

1. 2020 Goals:
 1. Increase participation at SEBLAC to include elders and more community senior's groups.
 1. Create a senior's organization directory and mailing list for the region
 2. Re-establish key community contacts
 2. Work with SEBLAC to best understand and implement a governance strategy that works for the SEBLAC participants and in accordance with the goals of the MWHN
 1. Coordinator works with existing committee on new terms of reference and volunteer structure
 3. Create a regional communication strategy to spread information on health services, care options, housing, transportation, socialization options and more.
 1. Using the information from the mailing list, brainstorm and complete the communications strategy

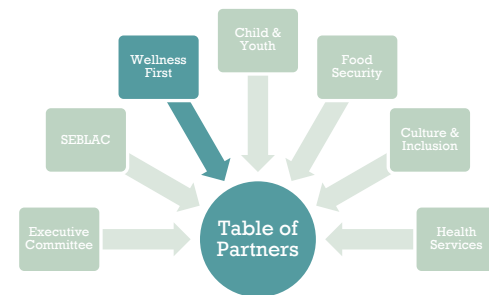




Wellness First Committee 2020 - 2022

Vision, Mission, and Values of the Wellness First Committee:

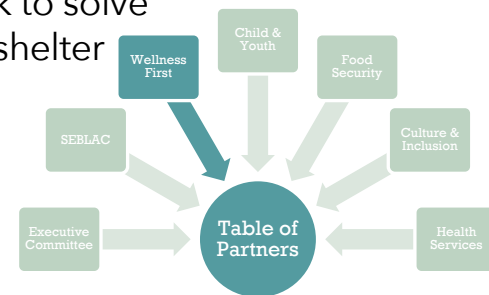
1. Vision: Healthy people, healthy communities.
2. Mission: Work to reduce the instances of harm to people impacted by health inequities, addictions, housing insecurity, and access to transportation services
3. Values: *Respect, inclusion, diversity, lived experience, focus*



Wellness First Committee 2020 - 2022

Goals of the 2020 - 2022 Wellness First Committee:

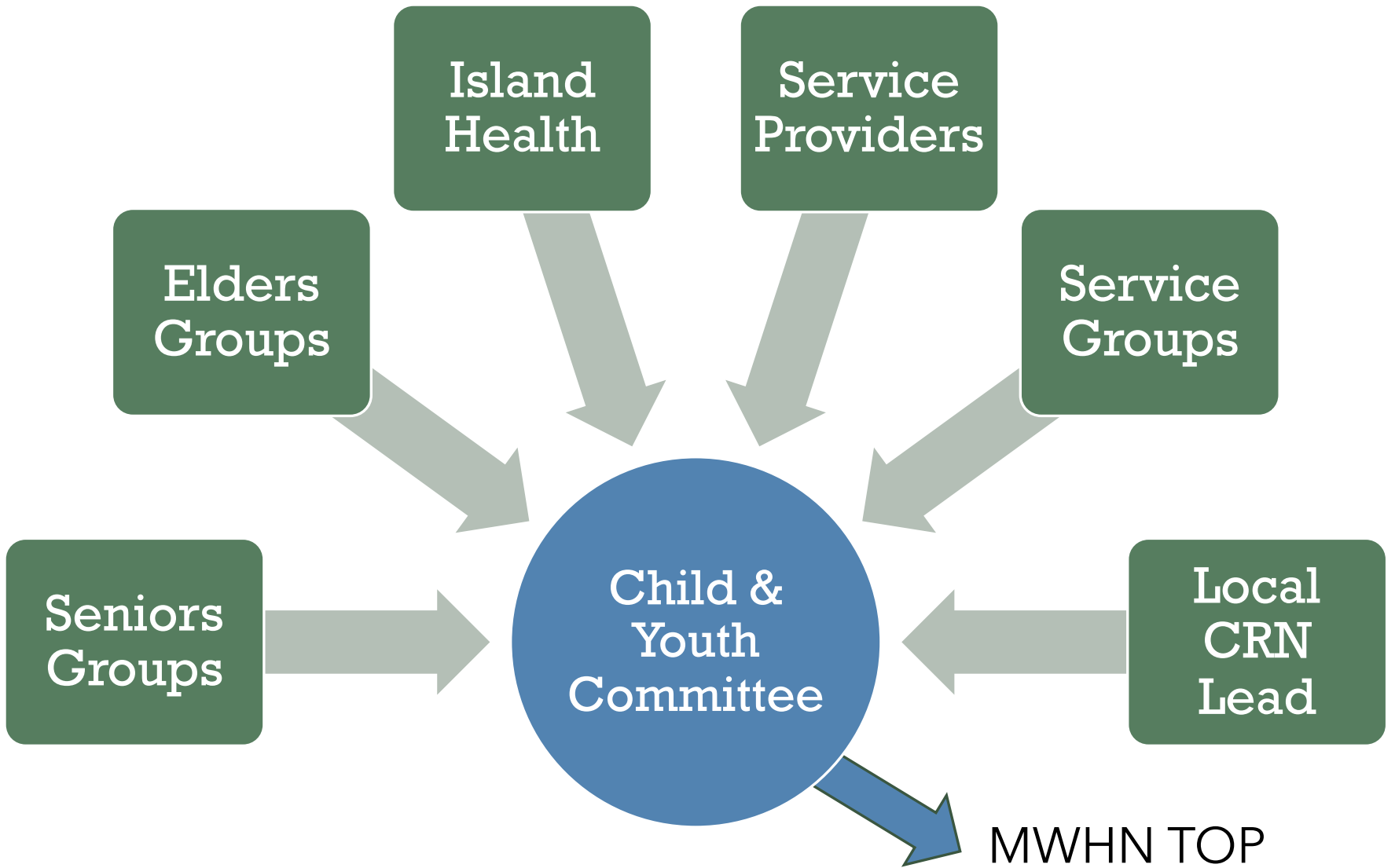
1. Short Term Goals:
 1. Housing Coalition operational
 2. Transportation study complete
 3. Update of the 2012 Addiction and Recovery Services Plan started
 4. A poverty reduction and work-support initiative outlined and started
2. Medium Term Goals:
 1. Social housing start in the region
 2. Support and grow the VTN in cooperation with community partners
 3. Reduce the unemployment and poverty rate by promotion of job skills and available supports
3. Long Term Goals:
 1. Reduce the instances of addiction and substance use
 2. Reduce the number of people accessing acute care
 3. Provide leadership and guidance to communities looking to work to solve issues around mental health, substance use, and access to food, shelter and water.



Wellness First Committee 2020 - 2022

Action Plan of the 2020 - 2022 Wellness First Committee:

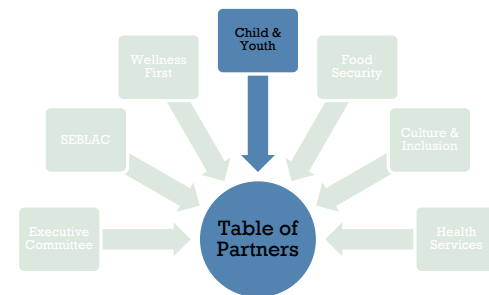
1. Goals:
 1. **Housing Coalition - make operational**
 1. Launch Website and complete web-based listing of organizations, governments and people involved in the housing sector.
 2. **Transportation study complete**
 1. Work with BCHC to overcome the barriers that are holding the study back from completion
 2. Implement the recommendations found in the study by increased engagement in the Transportation Advisory committee and with other community transportation stakeholders
 3. **Update of the 2012 Addiction and Recovery Services Plan**
 1. Re-post the RFP
 2. Do more outreach to public health bodies to find a proponent
 3. Consider increasing the budget
 4. **A poverty reduction and work-support strategy**
 1. Engage with NIEFS, NVIATS, NIC, SD85, Island Health and Community Service organizations to develop a regional strategy to reach and mentor youth and vulnerable adults into healthy job environments



Child & Youth Committee 2020 - 2022

Vision, Mission, and Values of the Child & Youth Committee:

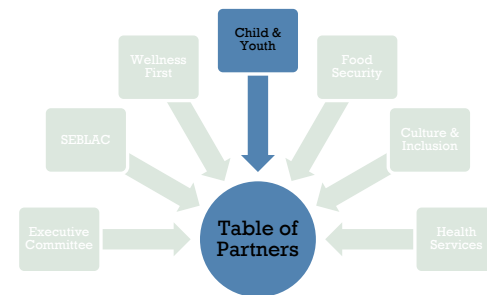
1. Vision: Healthy youth and children growing into healthy adults
2. Mission: *Work with service providers, government agencies, educators, parents and all people in all communities, indigenous and non-indigenous, to better the environment for children and youth*
3. Values: *Safety, trust, inclusion, compassion, understanding*



Child & Youth Committee 2020 - 2022

Goals of the 2020 - 2022 Child & Youth Committee:

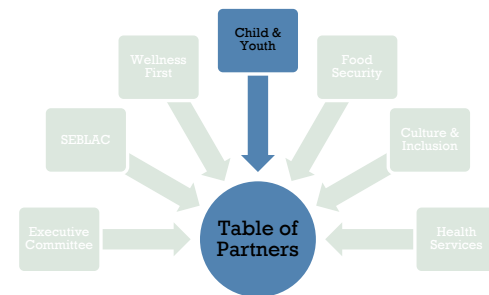
1. Short Term Goals:
 1. Complete the Foundry Convening Stage
 2. Bring Foundry Youth Centre to our region
2. Medium Term Goals:
 1. Decrease the amount of youth substance use in our communities
 2. Focus and develop brainstorm initiative and look for opportunities to help with child & youth issues such as:
 1. Mental health
 2. Education
 3. Physical health
 4. Housing
 5. Food Security
 6. Employment
 7. Maternal health

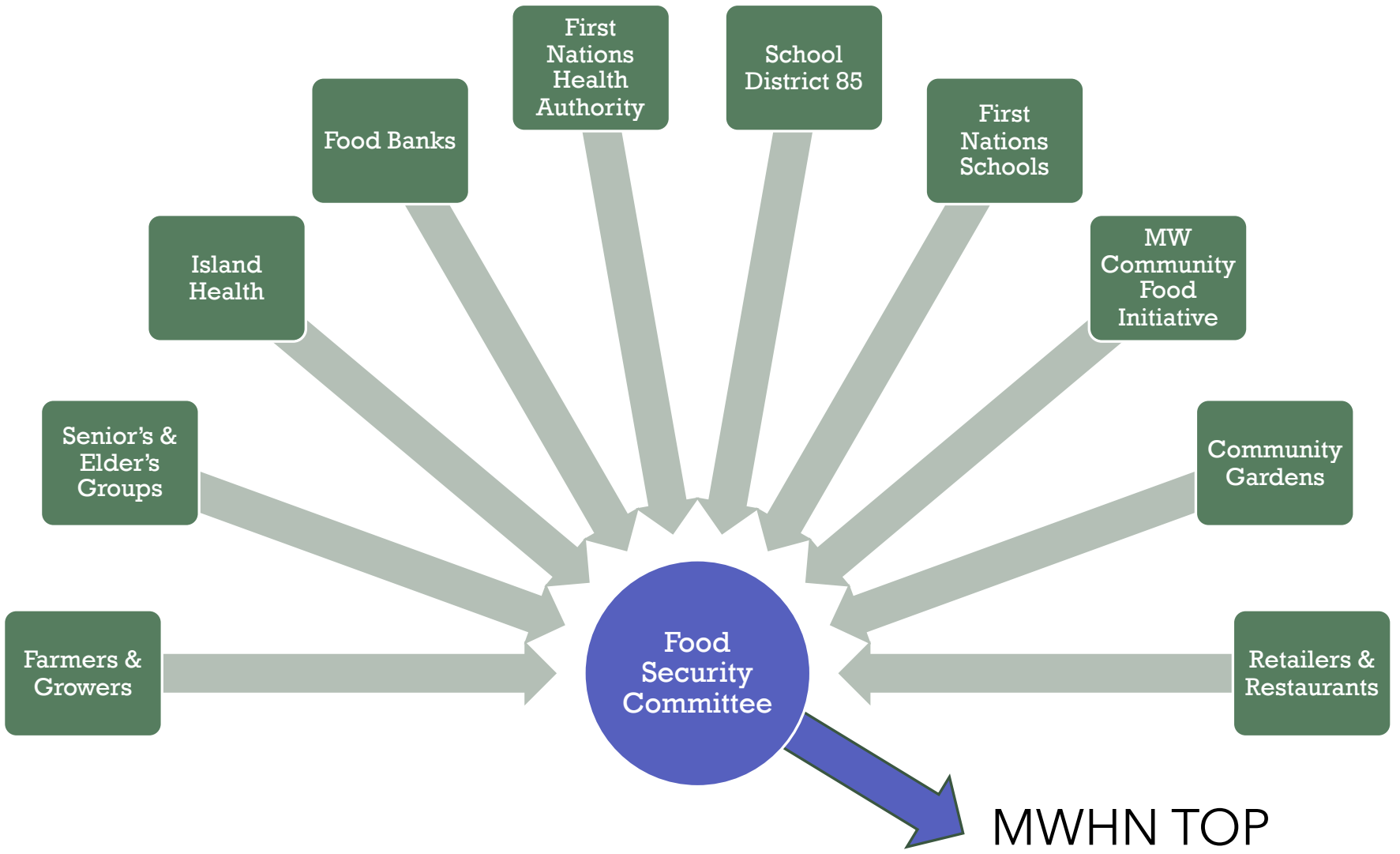


Child & Youth Committee 2020 - 2022

Action Plan of the 2020 - 2022 Child & Youth Committee:

1. Goals:
 1. Complete the Foundry Convening Stage
 1. Provide support to lead agency
 2. Allocate coordinator time and resources
 3. Provide communications services to share the intent, scope and importance of the project
 2. Bring Foundry Youth Centre to our region
 1. We will know mid-march if we have entered this phase.

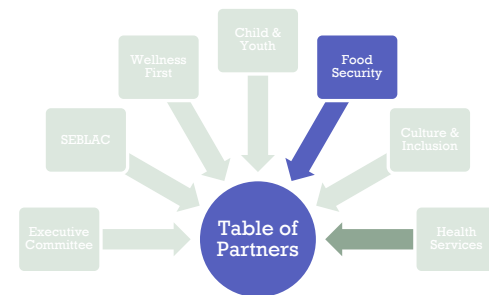




Food Security Committee 2020 - 2022

Vision, Mission, and Values of the Food Security Committee:

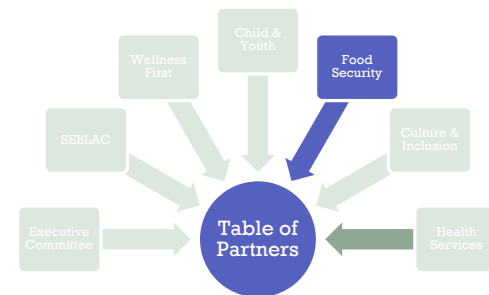
1. Vision: Increase levels of food security in the Mount Waddington Region
2. Mission: *Support partnerships and communications to leverage funds, opportunities and maximize the impact of our collective effort*
3. Values: *Respect, sharing, collaboration, openness, knowledge*



Food Security Committee 2020 - 2022

Goals of the 2020 - 2022 Food Security Committee:

1. Short Term Goals:
 1. Determine the key points of food supply and provision in each community
 2. Share current opportunities, knowledge and efforts
 3. Increase understanding of food security and what it means
 4. Support access to healthy, affordable food for those in most dire need
2. Medium Term Goals:
 1. Increase access to local food resources
 2. Help support senior's access to food
 3. Investigate regional and local food composting ideas
 4. Support growers and growing organizations in the region with the aim of increasing production and access
3. Long Term Goals:
 1. TBD

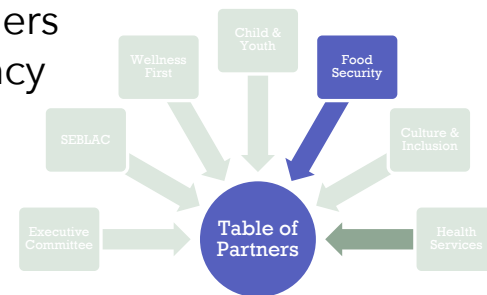


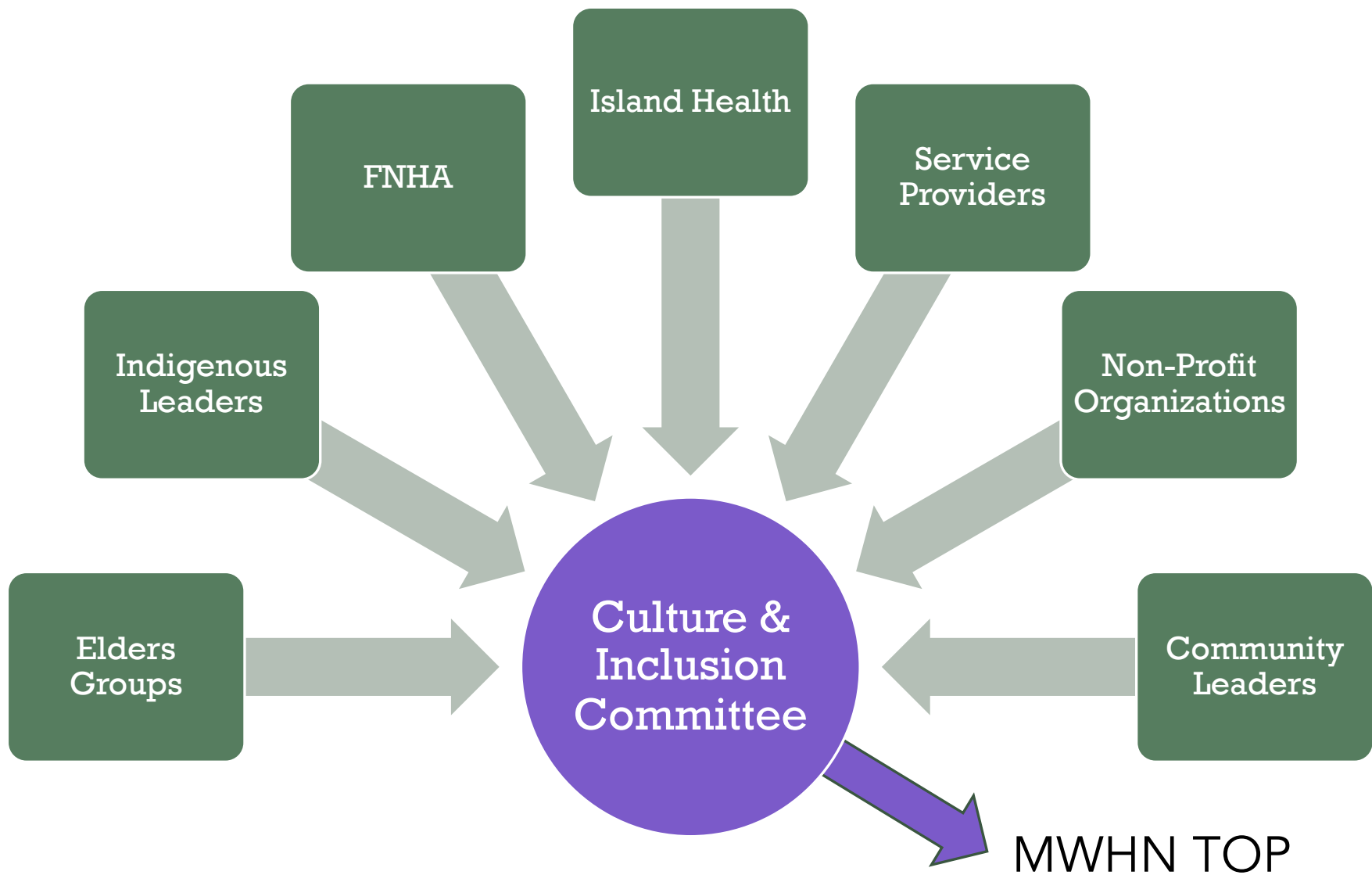
Food Security Committee 2020 - 2022

Action Plan of the 2020 - 2022 Food Security Committee:

1. Goals:

1. Determine the key points of food supply and provision in each community
 1. Create a database of food service providers for each community's use
 2. Fill in the Food Atlas, identifying gaps and opportunities
 3. Work with food groups to access funding
2. Share current opportunities, knowledge and efforts
 1. Communicate findings and opportunities with the members in our database
3. Increase understanding of food security and what it means
 1. Create social media dialogue around food security and local access to food - 2020 social media campaign
4. Support access to healthy, affordable food for those in most dire need
 1. Communicate the actions of the local food banks
 2. Engage in inquiry with local emergency food suppliers and work to understand the local levels of emergency food supply in the event of disaster



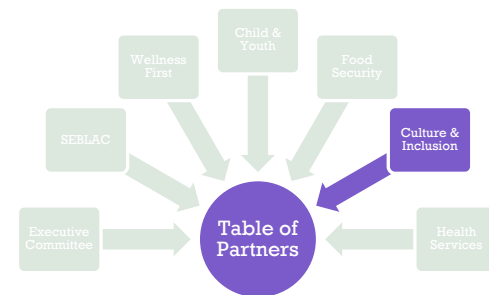


MWHN TOP

Culture & Inclusion Committee 2020 - 2022

Vision, Mission, and Values of the Culture & Inclusion Committee:

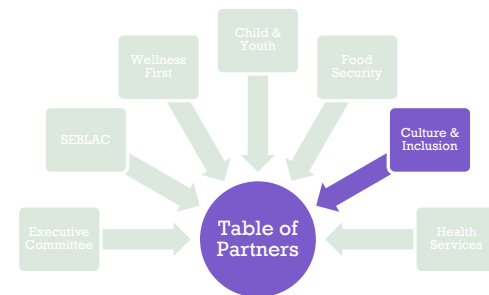
1. Vision: Have inclusive, supportive and engaged indigenous and non-indigenous people at all MWHN tables working collectively towards a common goal of universally healthy communities
2. Mission: *Create dialogue within the health network that supports cultural safety, inclusion, participation and equity*
3. Values: *Diversity, cultural safety, inclusion, respect, listening, openness, time*



Culture & Inclusion Committee 2020 - 2022

Goals of the 2020 - 2022 Culture & Inclusion Committee:

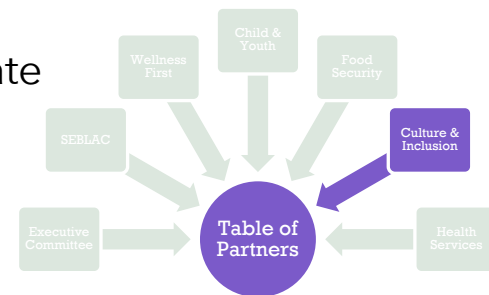
1. Short Term Goals:
 1. Create an environment when all people feel equally effective and important at the MWHN tables
 2. Foster dialogue about how we break down communication and cultural barriers
 3. Integrate the principals of reconciliation into each of our committees and plans
2. Medium Term Goals:
 1. Develop a strong working relationship with FNHW
 2. Re-establish our connections with current leadership in local First Nations Health Centres
 3. Identify barriers to access for health care
 4. Advocate and promote equity in the health care system

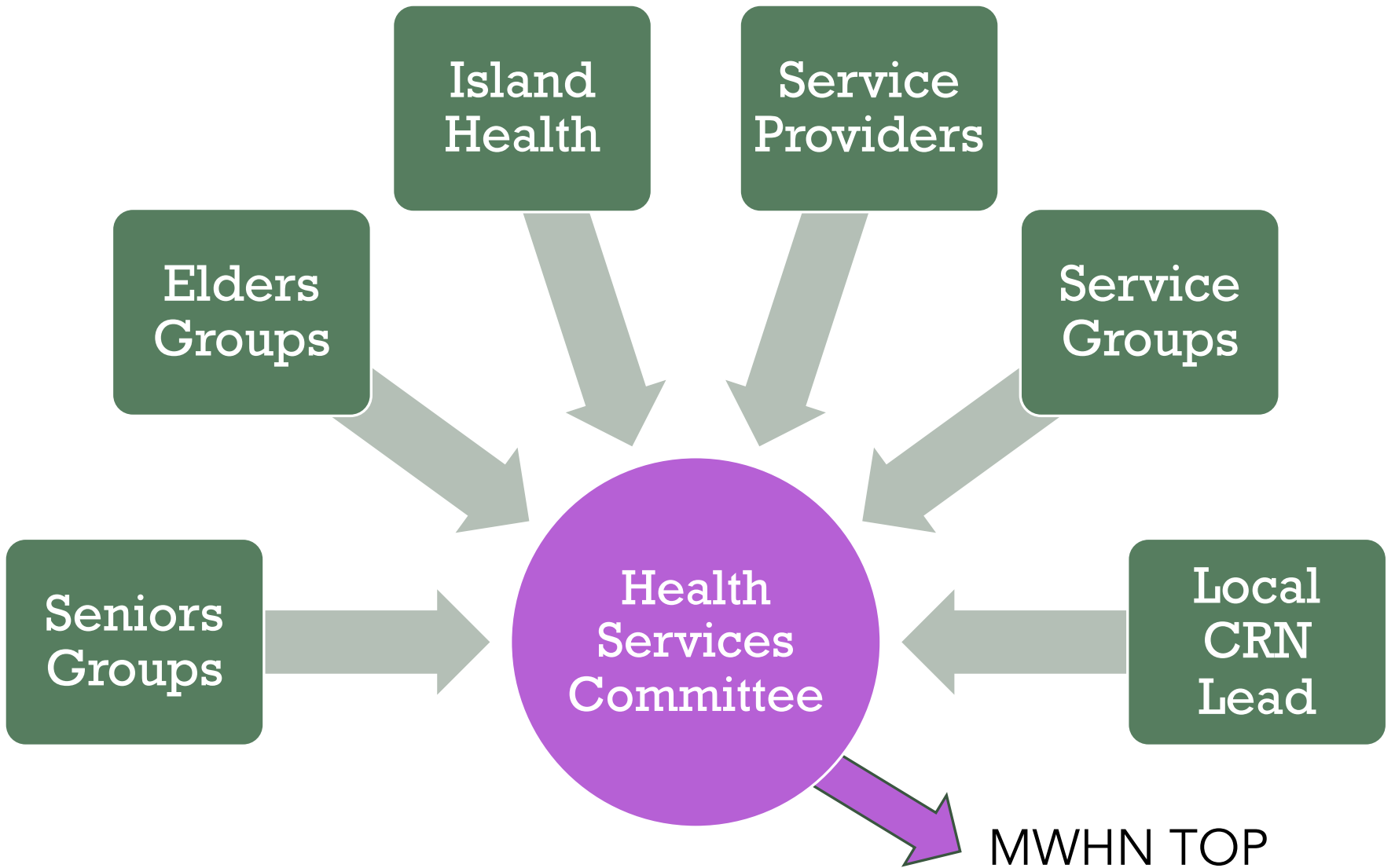


Culture & Inclusion Committee 2020 - 2022

Action Plan of the 2020 - 2022 Culture & Inclusion Committee:

1. Goals:
 1. Create an environment when all people feel equally effective and important at the MWHN tables
 1. Facilitate Cultural Training Courses
 2. Bring in the CRN Least Intrusive Program
 3. Ask FNHA, and Island Health for guidance
 2. Foster dialogue about how we break down communication and cultural barriers
 1. Go-to and create more in-person outreach opportunities
 2. Draw from the common First Nations knowledge base and internal learning - participate in FN rituals and training opportunities
 3. Integrate the principals of reconciliation into each of our committees and plans
 1. Identify the driving values around this point; integrate the values into our action plans and language

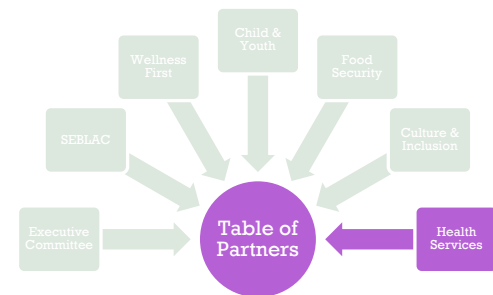




Health Services Committee 2020 - 2022

Vision, Mission, and Values of the Health Services Committee:

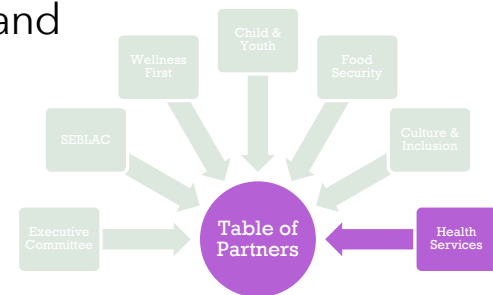
1. Vision: Regional health care services that are easy for all people to understand and access
2. Mission: Communicate with and help community access care in the best possible manner - at the right time, in the right place, and through the right avenue
3. Values: Respect, accurate and open access to information, courtesy, dignity, communication, mutual accountability



Health Services Committee 2020 - 2022

Goals of the 2020 - 2022 Health Services Committee:

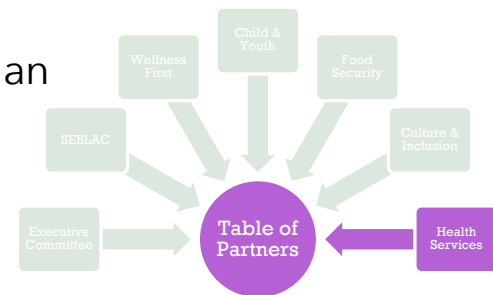
1. Short Term Goals:
 1. Create a health services communication strategy for the region
 2. Operate as though this is a pilot project that could be implemented in other regions
 3. Educate the public in the access of services - when, where, how, why, and who can help them
 4. Educate the public on the correct feedback mechanisms in communication of their concerns with care
2. Medium Term Goals:
 1. Increase levels of respite care
 2. Increase regional health literacy
 3. Engage with external organizations to understand their lived experiences and how to improve (CRN, Community Paramedics)
 4. Consider how to implement a nurse navigator program and partnership with FNHA to understand their key learnings
 5. Explore local issues around primary care access
 6. Evaluate local health care expectations in community



Health Services Committee 2020 - 2022

Action Plan of the 2020 - 2022 Health Services Committee:

1. Short Term Goals:
 1. Create a health services communication strategy for the region
 1. Find a plan used successfully in other regions for use as a template
 2. Create communication strategy
 2. Operate as though this is a pilot project that could be implemented in other regions
 1. Seek funding models, CRN funds and convening grants
 3. Educate the public in the access of services - when, where, how, why, and who can help them
 1. Determine a community and public communication information/communication tree model
 4. Educate the public on the correct feedback mechanisms in communication of their concerns with care
 1. Communicate: Patient Voices info; CRN; Ombudsman info; provincial care info; etc





Thanks to all our Strategic Partners